

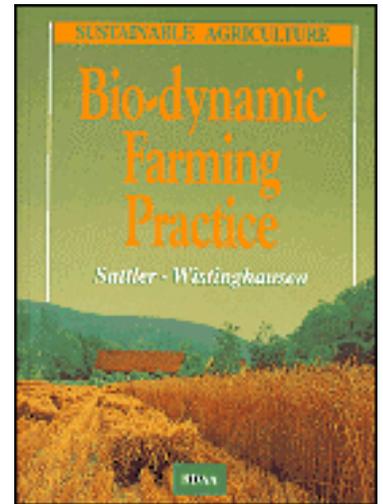


# Short Course in Biodynamic Husbandry

with **Henning Sehmsdorf**  
and **Barry Lia**

**Fridays, March 11<sup>th</sup>, 18<sup>th</sup>, & 25<sup>th</sup>, 2011**  
**WSU Puyallup Research & Extension Center,**  
**& Zestful Gardens, Tacoma**  
10 am to 5 pm

**Saturday, April 9<sup>th</sup>, 2011**  
**S&S Homestead Farm, Lopez Island**  
**(a WSU BIOAg Learning Center)**



This Short Course of four full days will introduce participants to proven biodynamic approaches to soil, crop, and animal husbandry through lectures, experiential exercises, hands-on learning, and on-farm activities. You will learn of scientific research, some of it conducted in our own region, validating the unique biodynamic field spray and compost practices. You will also be introduced to the complementary Goethean way of science, the primary background for the biodynamic approach to ecological farming. You will witness the inherent economic and ecological sustainability of biodynamic food and fiber production.

The curriculum will be framed by a thorough textbook, *Bio-Dynamic Farming Practice*, by Sattler & Wistinghausen, which combines proven BD methods with up-to-date management. Well-illustrated with color photos, graphics and tables, this book draws on case studies and the authors' years of biodynamic farming experience. The course instructors themselves have held on-farm BD workshops for several years, and offered this Short Course first in 2008/09, supported by a WSU BIOAg mini-grant ([www.tfrec.wsu.edu/pdfs/P1666.pdf](http://www.tfrec.wsu.edu/pdfs/P1666.pdf)).

The fourth all-day session, including meals of farm-produced food, will be a field trip to S&S Homestead Farm, a WSU BIOAg Learning Site on Lopez Island ([www.sshomestead.org/](http://www.sshomestead.org/)).

You will receive resource materials in order to learn more and to connect with biodynamic practitioners in our region. Inquire about applicability for the classroom curriculum requirement for the North American Biodynamic Apprenticeship Program ([www.bdtraining.org/](http://www.bdtraining.org/)).

World-wide trends, in response to global agricultural and energy crises, are calling for a "paradigm shift" away from the further industrialization of agriculture and for greater biological intensification of farm production ([www.aqassessment.org](http://www.aqassessment.org)). Biodynamic husbandry is perhaps the pre-eminent model for biologically-intensive agriculture in answer to Michael Pollan's call for a "sun-food agenda" ([www.nytimes.com/2008/10/12/magazine/12policy-t.html](http://www.nytimes.com/2008/10/12/magazine/12policy-t.html)) and Wendell Berry's call for Renewing Husbandry ([www.crops.org/publications/cs/pdfs/45/3/1103](http://www.crops.org/publications/cs/pdfs/45/3/1103)).

Henning Sehmsdorf, Ph.D., began building his homestead farm on Lopez Island in 1970. His farm was designated a Demonstration Farm for the WSU Small Farms Program, and is now a WSU BIOAg Learning Center. He is adjunct professor in Huxley College of the Environment at Western Washington University. Henning was recently on the National Research Council's Committee on 21<sup>st</sup> Century Systems Agriculture.

Barry Lia, Ph.D., keeps an urban homestead. He has been teaching biodynamics and Goethean science since 1995. He is adjunct faculty in Bastyr University's new program in Holistic Landscape Design. He is a member of the Biodynamic Research Working Group of the Biodynamic Farming and Gardening Association, and Regional Coordinator for the North American Biodynamic Apprenticeship Program.

*Tuition: \$210-260, depending upon number of participants. This includes tuition and field trip expenses (two farm-produced meals & ferry fares).*

*Text: \$40 (Bio-Dynamic Farming Practice, by Sattler & Wistinghausen at discount from BDFGA).*

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For curriculum outline and registration form:

[www.sshomestead.org/Workshops](http://www.sshomestead.org/Workshops)

For more information, please contact:

Barry Lia at [barylia@comcast.net](mailto:barylia@comcast.net)

*Pre-registration required. Limited to 25 participants.*

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This Course is supported by textbook discount from the Biodynamic Farming and Gardening Association. Sponsored by Pierce County Extension and S&S Center for Sustainable Agriculture, a WSU BIOAg Learning Site. *Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office or to the WSU Center for Human Rights.*



[www.pierce.wsu.edu/](http://www.pierce.wsu.edu/)



[www.sshomestead.org/](http://www.sshomestead.org/)

[www.zestfulgardens.org/](http://www.zestfulgardens.org/)



[www.biodynamics.com/](http://www.biodynamics.com/)